

**Patient:** Burhan  
Ahmad**Age/Gender:** 19 Y /  
Male**Date:** 01 Mar 2026**Prescription ID:** #3**Chief Complaints**

dillusional thinking.

**Diagnosis****Acute Brief Psychotic  
Disorder / Delusional  
Ideation (R/O  
Schizophrenia  
Spectrum)****Medical Advice**

1. Risperidone 1mg Dosage: 1 Tablet Frequency: Twice daily (Morning and Night)  
Duration: 14 Days Instructions: Take after meals. May cause initial drowsiness; avoid  
driving or operating heavy machinery. 2. Lorazepam 0.5mg Dosage: 1 Tablet Frequency:  
As needed (PRN) for severe agitation or anxiety Duration: 14 Days Instructions: Do not  
exceed 2 tablets in a 24-hour period. Patient is exhibiting signs of persecutory delusions.  
- Family is advised to ensure compliance with medication and observe for any side effects  
(restlessness, muscle stiffness). - Do not argue directly with the delusional beliefs, but do  
not validate them either. Provide a calm, low-stress environment. - Ensure adequate  
sleep (minimum 8 hours/night). - Blood work (CBC, Liver function, Thyroid panel)  
recommended before next visit to rule out organic causes. - Follow up in EXACTLY 2  
weeks to monitor response to Risperidone.

**Dr. Dr. Moazzam Ali**

Digital Signature

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Valid for 14 days from the date of issue

For any queries, contact: support@quickcare.com

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